### **GUYANA CHRISTIAN CHARITIES (CANADA) INC.**

805 Middlefield Road, Unit 5, Scarborough, ON M1V 4Z6 -- Tel. No. 416-293-8622

Website: http://www.gcccanada.org Email: gcccaninc@gmail.com Facebook: https://www.facebook.com/GuyanaChristianCharities

Registration No. 89096-5643-RR0001

VOLUME 53 Celebrating our 30<sup>th</sup> Anniversary

October 2017



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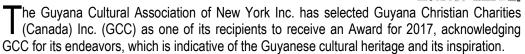
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## Guyana Christian Charities (Canada) Inc. recognized in New York





Donna Johnson (centre) a Guyanese resident in New York accepted the award on behalf of Guyana Christian Charities.

This Award was given to GCC in recognition of the organization's three decades of dedicated assistance to community service in Guyana, particularly notable for the range of amenities provided to a cross-section of beneficiaries in the wide quagraphic span of Guyana.

The 2017 honorees are spread across the Guyanese Diaspora. They reside in Paraguay, the United States of America, Canada, and Guyana. Their predominant areas of impact have positively enriched Guyanese in the various forms and sectors. Compatriots have achieved significant accomplishments in visual arts, architecture, linguistics, journalism, education, community service, and as cultural enablers.

The Guyana Cultural Association has promoted the contributions of some of the leading artists, educators, and cultural enablers to the Guyanese society in the 20th century since 2001. Awardees are selected by a committee that evaluates each nomination considering attributes in its published criteria that incorporate originality, scope, impact/influence, integration, pioneering spirit, challenges, and achievements. The primary objective of the Awards is to convey its high regard for the achievements of each Awardee.

BOARD OF DIRECTORS (2017-2018)								
OFFICERS								
President Vi		<b>V</b> ic	ce President			Secretary	<b>T</b> reasurer	
Dexter Gonsalves		Κι	Cumar Singh		Pansy Hsan		Karen Heifa	
416-293-8622 416		6-498-9962		905-426-6099		416-720-6902		
DIRECTORS								
Elizabeth Abdool	Joe Castanheiro Ste		ephen <b>C</b> hoo- <b>W</b> ing		Rahana Khan	Anne Marie Reigber		
416-912-6814	416-286-1956 9		905-420-2789		416-540-5255	416-755-6958		
Н	OR	DESMOND E	DE B	ARROS				

#### **OUR MISSION**

Guyana Christian Charities
(Canada) Inc.
is a volunteer,
non-profit charitable
organization, registered in
Canada, dedicated to providing
aid and assistance to
Guyanese
organizations, individuals
and others in need

## Celebrating our 30<sup>th</sup> Anniversary RESIDENT'S

MESSAGE

Greetings to all our readers!

First let me say what an honour it has been for me to serve as President of Guyana Christian Charities (Canada) Inc. over the past 8-years. We are a vital organization doing important charitable work in this difficult global time. Congratulations to you all for the hard work that you have done over the past several years.

My involvement with GCC takes me back to the early days of holding bake sales in church basements in order to raise funds for the two orphanages in Guyana. As reported in our last newsletter, this group was eventually merged with another group formed at the request of Fr. Harold Wong to raise funds for the replacement of the organ at the Brickdam Cathedral. With this 'merger' we became a bigger and stronger group ... eventually becoming Guyana Christian Charities (Canada) Inc. in 1987.

From the inception, I have been surrounded by a group of competent Board of Directors and Members, who actively worked to shape the direction of this very prestigious organization.

I am a firm believer that if we are to succeed, in addition to our finances being maintained in good shape, we must continue to focus on **Communication...Team-Work...Democratic... Decision-making...and Transparency.** These key areas have been practiced for the benefit of those we assist and not for personal or individual honour. GCC got to where it is today – 30 years plus – as a successful and respected organization in our Community as a result of these key areas.

Thank you to all of you who have been of assistance to me during my tenure on the Board over the many years.

I would like to take this opportunity to welcome the new incoming **President, Dexter Gonsalves,** and to offer my assistance as necessary, as I continue as a Director of the organization. I also wish the returning Board Member, Rahana Khan and the incoming officers every success in their endeavors... and a BIG thank you to Henry Tiam-Fook, who served as a Director for the past few years.

I have great confidence that working in partnership with our new Board, and collectively with our members and volunteers, donors and supporters ... we will make the necessary decisions to move us forward together from strength to strength.

God bless each of you and your families for all that you do to assist the needy, especially in the Guyanese Community ... and remember ... THE BEST IS THE LEAST WE CAN DO.

Sincerely,

### Elizabeth Abdool

Past President/Director



# PACKING & SHIPPING UPDATE



On September 9, 2017, the second and final shipment for 2017 left Canada for Guyana. This 40 ft. container included 825 pieces/boxes valued at about \$21,000. and consisted of used men's, women's and children's clothing, toys, school supplies, food items, household supplies, medical supplies and appliances, bicycles, wheelchairs, walkers, books and sports equipment.

The shipment is scheduled to arrive in Guyana September 28, 2017, in time for the Christmas Season. The consignees of these donations will extend to all parts of Guyana and will greatly assist in improving the lives of the less fortunate, thus helping to make the Festive Season more enjoyable.

Thanks to all our supporters in Canada who continue to make these donations, and also our volunteers who make this possible by donating their time and efforts. Please continue to make your contributions by calling any of the following:

 Terry De Freitas
 416-438-5992

 Anne Marie Reigber
 416-755-6958

 Stephen Choo-Wing
 905-420-2789

 Kumar Singh
 416-498-9962

 Dexter Gonsalves
 416-293-8622

### MERRY CHRISTMAS AND A HAPPY AND HEALTHY NEW YEAR TO ALL!

## One of our key 'on-the-ground in Guyana' Volunteers & Member has retired

**Wendy Grenada** had, for many...many...years been one of our key contacts on location in Guyana to guide us and report on needs and circumstances.

Wendy was employed by Beacon Foundation but continued to be our eyes and our ears ... and our feet!

From time to time Wendy visited her daughter in Canada and it was always a pleasure to meet with her and get 'first-hand' information about the various charities' needs in Guyana. She would often stop by our packing facility to request certain items on hand be sent to specific charities requiring such items.

Wendy – thank you so very much for all that you did for Guyana Christian Charities (Canada) Inc. **AND** for the sick, the poor and those in need in Guyana. They will miss you as much as we will.

Please accept our best wishes for good health and a long and enjoyable retirement and may you be blessed for all that you have done.

"Blessed is the influence of one true, loving human soul on another.

George Eliot

**Helen Browman** has resigned as CEO at Mercy Hospital. She has worn many senior management hats at Mercy since assuming the role of Administrator after Sister Sheila Walsh left many years ago. Helen has been very supportive to John O'Connor and to Guyana Christian Charities. We all join in wishing her all the best in her new endeavors.

Celebrating our 30th Anniversary

## WHO IS A VOLUNTEER



Volunteerism is the practice of doing something for good causes, by contributing time, effort and talent, without being paid for doing so. While there are no financial gains by helping others including the less fortunate, there are lots of other personal benefits, which can have a positive impact on your health and well-being, as it makes you feel good and proud of yourself.

The volunteering sector has long been an enabler and driver of equitable growth in most countries, and as such, has made a significant contribution to the welfare of the community. It is very difficult to put a dollar value on volunteer time. Volunteers provide many intangibles that cannot be easily quantified. For example, volunteers demonstrate the amount of support an organization has within a community, provide work for short periods of time, and provide support on a wide range of projects. Someone once said to be a volunteer, it takes: generosity; understanding; empathy; compassion, patience; and dedication.

Top volunteers are the people on whom charitable and non-profit organizations rely most heavily. They are the people who are deeply committed and who dedicate the greatest number of hours to their volunteer work.

The Ontario Government recognizes the major benefits and awards medals that are achieved by many, including volunteers of GCC. Each year GCC nominates some of its members for these awards. Congratulations are extended to the following GCC's volunteers who have received these awards for 2017:

Philip Gulab	25 years
Vanessa Chambers	20 years
Jeannette Rowan	15 years
Arthur Veerasammy	15 years
Ann Bhagwan	15 years
Rose Mouncey	10 years

These awards are given to volunteers who have assisted in charitable organizations for a period of 5, 10, 15 or 20 years.

GCC would also like to pay *tribute to all of its past and current members, volunteers, donors, sponsors and helpers who have supported us and continue to do so in the future*. Your assistance truly makes a difference in the lives of the children and adults that we serve -- so thank you for all that you do.

The world has witnessed major achievements through volunteerism.

"The best way to find yourself is to lose yourself in the service of others." Mahatma Gandhi.

If you are willing to be a **Volunteer**, you can choose the area that is most desirable to you -- assisting at our fundraising events; shipping and packing; and/or administrative by giving input into article for our newsletter, etc. and/or collating the record of the organization. **Also High School Students** can assist in the same manner and

use your volunteer hours towards your community service requirements. We need you!

### Come join us ...... by calling GCC......... 905-428-3883

Volunteering is also an opportunity to meet friends, learn new skills and put existing ones to good use. It's also a chance to be part of a team that makes a transformation to many people who are in need.

Everyone has inside of him a piece of good news. The good news is that you don't know how great you can be! How much you can love! What you can accomplish! And what your potential is!

Anne Frank



A few years ago I met my homeless friend; he was using a pair of child's crutches. I gave him a pair of almost new adult crutches. My friend has been using these crutches since then, the crutches are dead, the nubs are gone, and the metal is beginning to be worn out.

This day, I insisted I replace those crutches. Wow I got him to agree. He sends his love and thanks, he is so grateful. **Sister H** 

I do sincerely apologize for my late "thank you" for the gifts from "Guyana Christian Charities". Seven (7) cartons and one (1) suitcase were uplifted by me ..... The cartons contained quite an assortment of clothing, books, kitchen items and office supplies. The suitcase contained assorted toys and clothing. I observed that there was a request from your office asking for a listing of things received altogether.......arduous task. I wish to thank you and the staff at Guyana Christian Charities for all the help that I have received and I thank God that there are still people who care....... I pray that God will give you and your staff the health and strength to carry out the task which you have undertaken. May you all have a wonderful and blessed 2017. Father Raymond Coxall

Thanks so much for the twelve boxes you so generously sent for the patients for the Interior. I do appreciate the kindness of all. It is always so good to be able to bring a smile on the faces of those who have no relatives, as most of them are from the remote areas of our Interior, and sometimes are in hospital with no clothing etc.

The kids especially who are suffering from leukemia, and have to be there for a very long time, are the ones that are most in need of games and books. Your generosity has helped my hospital ministry and I am very thankful to all. I also would like to thank Mr. Gobin and John Fernandes Shipping for their kindness. May God Bless you all. *Pat Pierre.* 

#### GCC'S Newsletters can be viewed on our Website

If you are not already on our mailing/email lists, you could view and/or print our newsletter from our **website** http://www.gcccanada.org.

You can also request to receive our newsletter via email instead of through the mail, by advising us either through our email address:gcccaninc@gmail.com or telephone # 416-293-8622

Moved--have a new address or new email address
Please notify us at our email and telephone # listed above

Visit our Facebook





### ....one of GCC's first recipients.....St. Ann's Orphanage

This institution begun way back in July of 1851 and is a home and refuge for many unfortunate girls for many a years. St Ann's has accommodated as many as 102 children at one time or the other. The girls remain until they have completed secondary education, job security, and then they move on once they can support themselves. Many of the girls at St Ann's attend the Marian Academy. Each child going there has to have a sponsor to pay the fees. Many people have given generously to this cause. St Ann's has no definite income. Some generous people continue to give donations each year. St. Ann's continues to keep its doors open through the kindness and generosity of caring Guyanese locally and abroad. Each day, a miracle unfolds with a simple knock on the door and/or a small donation of some kind.

#### Recent report.

The girls are enjoying a short break before their summer program starts so three of them have made time to write some of their own stories.

Aminah Blackman, Story of my life

I am Aminah Blackman. I am eleven years old, I attend Marian Academy. I am going over to grade six-one. My favourite subjects are Mathematics, English and Spanish. Every level I go into the more gets harder so I have to study for Them. I am going to tell you all about my happy and fun time at St. Ann's. When Sr. Barbra brought me here I was so excited I couldn't wait to sec What inside was all about. When Sr. Barbra took me inside I saw many Strange faces excepting my sister Angelique Blackman. I was only three years old When I come into St. Ann's. Sr. Barbra who was the head of the hou of St. Ann's introduce me to all the lovely carring adults and children. She also got someone to take good care of me . I made friends like Gabby Tracey, Bolomie and Aliyah. My friends show me all part of the big house. Sr. Barbra send me to one of the good school I have ever manted to go. They also pay my school feas, I am happy here in St. Ann's my home for now. I thank all, the sisters for taking good cove of me rand being careful, loving and wind to me. all the lovely people who send money and other Also Franks you things for me -



#### End of school year update 2017:

**W**e received the 17 boxes of wonderful goods this week, I wish I had taken a picture of the girls as the never ending parade of boxes came in, Christmas came early for them, a few of the games and puzzles are already in circulation. We are as always very grateful for your generosity.

The last few weeks have been very busy, as the girls finished up their exams and we have been planning many activities to keep them busy during the summer break. The summer program starts next week.

We have embroidery, craft making and sewing classes set up for most of the girls. Because of the age range we have had to make some leisure time for our smaller girls as the older girls take part in the cosmetology activity (suitable makeup and hair style for church, job interviews and future work).

**W**e have currently ten girls who have reached the age to leave us. However, due to the fact that we have not found adequate and appropriate accommodation, we are giving them additional work here such as assisting the chef, gardener and with laundry. We are trying to get these girls to take more of a leadership role in the home.

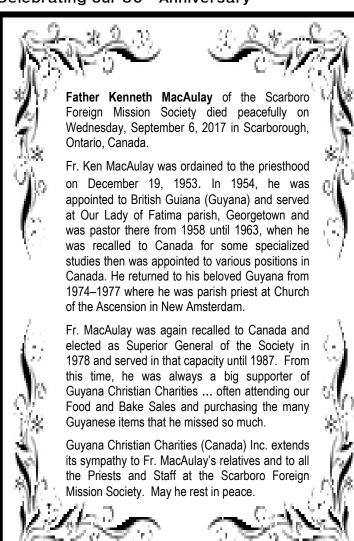
Of these ten girls, three have engaged in a work study program at DIH Banks and a fourth Naiomi Sookdass has been moved to another store outlet and is hoping it will turn into a permanent position.

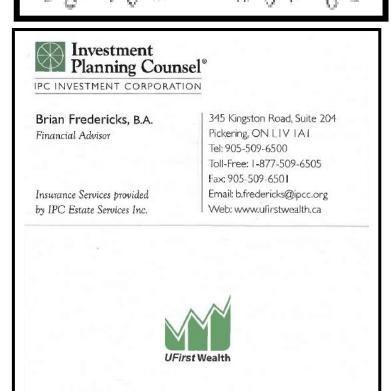
Rebecca Marco has found a job locally making \$12,000/week. I am very pleased with her and Kesha Ross who just started working at Regency Electronics. I believe Kesha's success motivated her older sister Yolanda to start interviewing and yesterday she was offered a job, I don't have all the details yet but it is nice to see these girls starting the next stage in their lives.

This year has been a good year for many of our school age girls also. Lisa Mendonca and her basketball team won the U-19 basketball final and she was awarded her medal last week. Her photo was in the newspaper. We are very proud of her.

Last Thursday I attended Marian Academy for the end of year award giving and a number of our girls were recognized for their efforts. Shevon Williams has successfully completed the one year remedial program and she is very happy with her Certificate of Achievement.

**W**e are grateful to you for opening your hearts and providing the funding for our work. We pray that God will continue to bless you all in everything you do. *Sr. Leonie De Costa, OSU* 





## "Lessons Learned From Intentionally Letting Go"

Are you holding onto 60% more stuff than you need *because* of the emotional attachment, etc. hoping that that you might use again someday? If you look objectively at those items you might find you most probably would not use them again. Letting go of some good things we do not need can be helpful to others and could make a change in the lives of many.

Guyana Christian Charities has been blessed by such generous donations from our supporters who have "Learned Lessons from Intentionally Letting Go".

We hope that if you can re-consider 'Letting Go' of some of the stuff you really are just holding on to by saying: 'Maybe I'll need this someday'...that you would keep us in mind!!!

"Use for yourself little, but give to others much." — Albert Einstein

### Our Yearly Major Fundraising Events

February	Valentine	Sts. Peter and Paul Ukrainian Catholic		
	Dinner/Dance	Church Hall (Markham Road and 401)		
May &	Spring &	Pickering Recreation Complex		
September	Autumn Dances	(Between Liverpool & Brock Rds		
October	Food and Bake Sale	South of Highway 2)		

**Other fundraising sources** include donations from individuals, and our "In Memoriam" Program, as well as various activities to respond to emergency requests for assistance.

### Guyana's History You thought you knew

- Q. Which country did BBC telecast the 'Lost Land of the Jaguar'?
- A. Guyana, with its vast areas of rainforests and considers to be the most unspoiled rainforests in the world. Almost 80% of this country is covered by forests, which boast of rich biodiversity with some endemic and some atypical species of plants and animals.
- Q. Where is Guyana located?
- A. Guyana is geographically located to the North of the Equator, on the northern coastal regions of South America. Guyana ranks third among the smallest countries on the South American mainland. It shares international borders with Brazil in the south and southwest, Suriname in the east and Venezuela in the west.
- Q. What are the various types of habitats in Guyana?
- A. Guyana has different types of habitats such as marine, coastal, littoral, swamp, estuarine, palustrine, riverine, mangrove, lacustrine, savanna, brown sand forest, montane, cloud forest, white sand forest, moist lowland and dry evergreen scrub forests.



### Come Join us and Enjoy .....Our yearly Events ?



### Valentine Dinner and Dance

Saturday, February 10, 2018 @ 7.30 p.m. St. Peter & Paul Banquet Hall 231 Milner Avenue, Scarborough, ON

(Entrance on Milner Ave. - north of Hwy 401, west of Markham Rd.)



### **Spring Dance**

Saturday May 19, 2018 @ 7.30 p.m. Pickering Recreation Complex 1867 Valley Farm Road Pickering (Between Liverpool & Brock Rds. -- South of Highway 2)



#### **Fall Dance**

Saturday September 22, 2018 @ 7.30 p.m.

Pickering Recreation Complex 1867 Valley Farm Road Pickering (Between Liverpool & Brock Rds. -- South of Highway 2)

### Secure your Tickets for these dances early



Joe Castanheiro 416-286-1956 Mike Gonsalves 416-420-0565 Dexter Gonsalves 905-428-3883 905-839-0434 Dennis Choy

Karen Heifa

416-720-6902

or.... any GCC member or.... email: gcccaninc@gmail.com



### Annual

### Food Fair & Bake Sale Free Admission

SUNDAY OCTOBER 28, 2018

1:00 p.m. to 4:00 p.m. Pickering Recreation Complex 1867 Valley Farm Road Pickering (Between Liverpool & Brock Rds.) South of Highway 2

Please contact: Pansy Hsan 905-426-6099



THREE EASY WAYS YOU CAN HELP Guyana Christian Charities ....

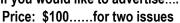
- PRAY FOR OUR CONTINUED SURVIVAL;
- Volunteer with ONE of our many AREAS of NEED;
- 3. SUPPORT US financially OUR ORGANIZATION DEPENDS ON YOUR GENEROSITY.

YES! I WANT TO HELP					
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City					
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${f Y}$ our donation of \$10.00 or more is tax-deductible. ${f A}$ receipt will be					
mailed, <u>if so requested</u> . CHARITABLE NO. 89096-5643-RR0001.					
Please send your cheque and this form to:					
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<b>Donations</b> may also be made through our WEBSITE:					
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email: Phone: Phone:					
Mail form to: Guyana Christian Charities (Canada) Inc.					
805 Middlefield Road, Unit 5, Scarborough ON M1V 4Z6					
COULD YOU HELP GCC?					
☐ Yes, I wish to become a member of your organization					
☐ Yes, I would like to join the YOUTH COMMITTEE					
☐ Yes, I wish to assist with donation of ITEMS/SUPPLIES					
☐ Yes, I would like to help with the:					
☐ FOOD FAIR ☐ PACKING for shipments					
☐ DANCE ☐ TRANSPORTING donated items					
Name					
Address					
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emailPhone					
Mail form to: Guyana Christian Charities (Canada) Inc.					
805 Middlefield Road, Unit 5, Scarborough ON M1V 4Z6					

#### CALL US TO ADVERTISE



We publish two newsletters each year (February and October) If you would like to advertise ....



Please call: Dexter Gonsalves 416-293-8622 Email: dextergonsalves@bellnet.ca



### WITH SYMPATHY Eternal Rest Grant unto them O Lord

Members would like to express their sympathy to the families of members, volunteers, donors, and supporters of GCC, who have passed since our last newsletter, and in particular:

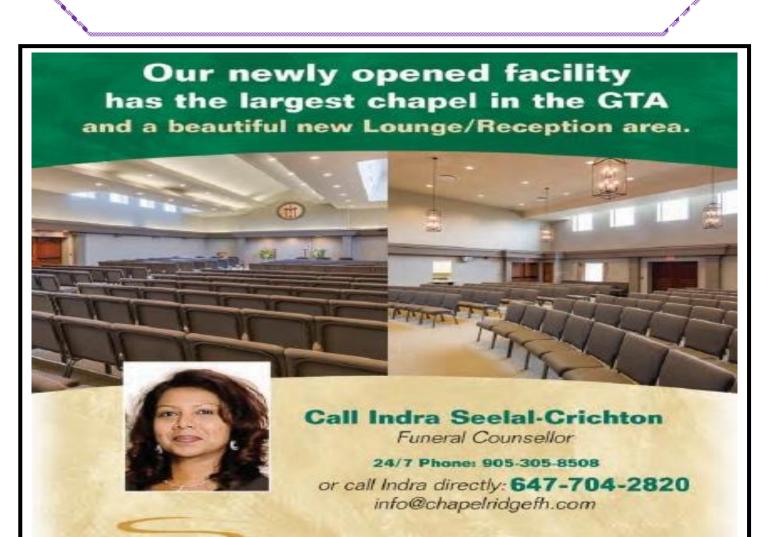
Camille De Castro Brian Godfrey Hale Joan Gomes Fr. Ken MacAulay SFM Malcolm Pequeneza
Edward Pires
Paula Ann Pires
Max Chung Tiam-Fook

Annette Cecile Van Sluytman

Morna Singh
Elaine Williams
Alvaro Vasconcellos

Sincere thanks to those who listed Guyana Christian Charities (Canada) Inc. to receive donations in lieu of flowers.

The families of our deceased brothers and sisters thank you for your prayers and expressions of sympathy.



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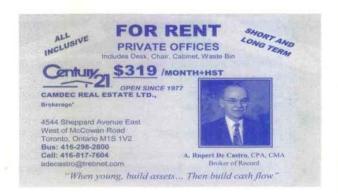
- SAVE Thousands of Dollars over other funeral homes in Markham & Scarborough while enjoying the GTA's newest, largest and most elegant facilities.
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Jeff Kioussis



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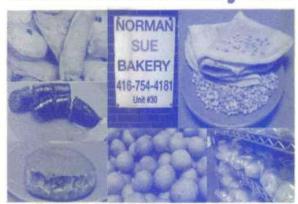
416-298-8888

Lots of Parking!

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### **Norman Sue Bakery Ltd.**



Thanks for your leyal and much appreciated continuing support.



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